Midwest Internal Medicine, PLLC

Preventive, Primary & Consultative Care

INTERNAL MEDICINE Thomas R. Wrona, M.D. Glenn L. Nudelman, M.D. Gene Kalin, M.D., P.C. Angelo Ong-Veloso, M.D.

GASTROENTEROLOGY Hitendra Chauhan, M.D.

HEMATOLOGY / ONCOLOGY Paul F. O'Neill, M.D.

> CARDIOLOGY Pareed Aliyar, M.D.

NEUROLOGY M.A. Kazmi, M.D.

PHYSICIAN'S ASSISTANT Nannette Y. Sharp, P.A.-C

BUSINESS ADMINISTRATOR Marty LaLande July 9, 2012

Re: AquaStretch Therapy

Dear Jessica,

I wanted to write and tell you what I thought of the AquaStretch therapy that you have brought to Lake Havasu City. Besides the patient's I have referred to you, I have seen you myself for therapy. I have some rather significant arthritic conditions that have not been very responsive to usual conservative therapy. In fact, only rather invasive epidural injections, pain medication and consideration for surgery were my options. Luckily a friend told me of this new treatment option that you brought to town.

I've seen you several times, and you have been able to relieve the sharp, burning, radicular pain down my arms that originated from herniated discs in my neck. I was impressed and actually astonished that your therapy could result in this significant improvement. Most people with this type of disease process have very few options except surgery.

Basically, as per our discussions, the science behind this therapy is sound. I think it would be very valuable for people with a variety of myofascial and arthritic complaints. It is fantastic that a small town like ours can have a therapy option such as the one you provide.

Thank you for your expertise.

Glenn L. Nudelman M.D.

(928) 453-8500 Fax (928) 453-5556

1840 Mesquite, Suite B Lake Havasu City Arizona 86403